

Ready to use coated catheter
Female/Male



23319324 Version 1
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Indications

Sterile urinary catheter for intermittent use.

Information

Coloplast accepts no liability for any injury or loss that may arise if this product is used in a manner contrary to Coloplast's current recommendations.

The catheter can be exposed to extreme temperatures (below 0°C and up to 60°C) for up to 24 hours without the catheter being damaged.

The catheter may be kept rolled up for up to 3 hours without being damaged.

The solution in which the catheter is stored is harmless. However, the solution may stain.

Catheterisation should take place as quickly as possible after opening the package. The catheter should always be removed when the bladder has been emptied.

Cautions

Do not use if package is damaged.

Contact your health care professional before you perform self-catheterisation for the first time.

Contact your health care professional if you experience symptoms such as fever, discomfort when emptying the bladder, a frequent urge to urinate or blood in the urine

Warnings

Re-use of the single use product may create a potential harm to the user. Reprocessing, washing, disinfection and/or sterilisation may compromise product characteristics, causing additional risk of physical harm or infection to the user.

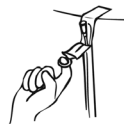
How to use SpeediCath Standard

SpeediCath Standard consists of a coated non-PVC, ready-to-use catheter supplied in a saline solution.

Begin by washing your hands and the area around the urethral orifice. It is important to avoid transferring bacteria from your hands to the catheter.

The packaging contains the coated catheter in a saline solution. Before you attempt to open the catheter ensure you are completely ready to proceed with the catheterisation.

If the catheter has been stored vertically, turn it to a horizontal position to make sure that the saline solution is distributed evenly, ensuring that the coating is fully saturated. A full saturation ensures optimum lubrication.



Use the sticker on the back to attach the packaging to a smooth, dry horizontal surface. Open the packaging by pulling the ring towards you and then down. Take out the SpeediCath Standard catheter, which is now ready to use.

Men



Lift your penis with one hand to straighten your urethra. Use your other hand to insert the catheter into the urethra approx. 2 cm at a time. Just before the catheter reaches the bladder, you may feel a slight resistance from the sphincter. Do not squeeze the penis, as this may make inserting the catheter more difficult.

Tiemann/Coude catheter (curved tip) only:

Before you begin insertion, make sure the curved tip of the catheter is pointing upwards. The Tiemann indicator (raised ridge) on the connector is designed to help you orient the catheter correctly. When holding the catheter horizontally with the indicator facing upwards, the tip of the catheter will also be pointing upwards.

Women



Part your labia with one hand to expose the urethral orifice. Use your other hand to insert the catheter gently into the urethra, approx. 2 cm at a time. Just before the catheter reaches the bladder, you may feel a slight resistance from the sphincter.

Continue to insert the catheter into the urethra until urine starts to flow. If there is no toilet nearby, you can connect the catheter to a urine bag or other collecting device.

When the urine stops flowing, ease out the catheter 2 to 3 cm. If the flow of urine restarts, wait a few seconds before easing out the catheter another 1 to 2 cm.

When the bladder is completely empty, slowly remove the catheter.

The product is intended for single use only and should be disposed of in accordance with local guidelines, e.g. with normal household waste.

Do not flush the product down the toilet.

Symbols



Do not use if package is damaged.



Not made with natural rubber latex.