



23312352 V4 The Coloplast logo is a registered trademark of Coloplast A/S.  
© [2012-04] All rights reserved Coloplast A/S, 3050 Humlebæk, Denmark.

### 1 Opening / Preparation



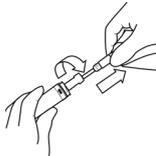
Start by washing your hands and the area around the urethral orifice. It is important to avoid transferring bacteria from your hands to the catheter.



Twist and remove the cover



Unfold the bag

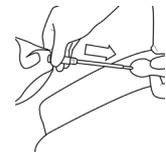


Twist and pull the catheter out

### 2 Application / Insertion



*Females:* Insert the catheter into the urethra until urine starts to flow



*Males:* Lift the penis with one hand to straighten out the urethra. Insert the catheter into the urethra until urine starts to flow

#### Warnings

Reuse of this single use product may create a potential risk to the user. Reprocessing, cleaning, disinfection and sterilization may compromise product characteristics which in turn create an additional risk of physical harm to or infection of the patient.

#### Cautions

Self-catheterisation is a common and safe procedure. However, prior to performing self-catheterisation it is important to consult a medical professional for guidance and follow these instructions carefully.

In case of urinary tract infection with symptoms such as fever, discomfort when emptying the bladder, a frequent urge to urinate or blood in the urine, contact your physician/nurse.

If you have been diagnosed with urethral strictures consult your health care professional.

Do not use if package or seal is damaged. Do not re-sterilize.

Keep away from sunlight. Store products horizontally at room temperature and at dry conditions. Exposure to extreme temperatures (-20°C to 60°C) for up to 24 hours will not damage the product.

#### Indications

The catheter is sterile and for intermittent use only.

#### Information

This product is a coated catheter in sterile solution with attached bag.

Complete catheterization without undue delay and remove the catheter upon emptying the bladder.

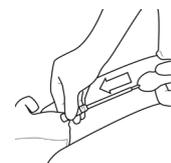
Care should be taken when opening and handling the product as the liquid inside may leave stains when in contact with clothing. Otherwise the liquid is harmless.

Coloplast accepts no liability for any injury or other loss that may arise if this product is used in a manner contrary to Coloplast's current recommendations.

### 3 Removal



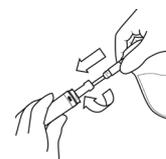
Female



Male

Male + female: When urine stops flowing, pull the catheter out about 1-2 cm. If urine starts flowing again, wait until it stops. Then pull the catheter out 1-2 cm again. When your bladder is empty remove the catheter.

### 4 Emptying



Reseal the catheter by twisting it back into the packaging



Open the urine bag by tearing off the tap



Empty the bag into the toilet and dispose the catheter and bag in household rubbish

**Symbol**

<b>WO</b>	Work order. Production number identifying the packaging of a specific order. (LOT-number relates to production run).
	Do not use if package is damaged